

PLEASE HELP US IMPROVE HEALTH & LEARNING APPLY FOR FREE SCHOOL MEALS!

Dear Parent or Guardian,

We are committed to making sure that all students have all the tools they need to succeed, including good nutrition to fuel their bodies and minds. That is why we are writing to remind you to please fill out and submit your application for free school lunch and breakfast. Every family should complete a school meal application because:



Applying for free school breakfast and lunch helps your school and your community.

Submitting your application for free school meals can help the school get more funding to improve education. Additionally, participation by all families helps strengthen our school meal program and allows us to serve more fresh healthy foods. Turning in school breakfast and lunch Applications also may help us qualify to serve meals at no charge to all children in our community during the summer and after school.

Applying for free school breakfast and lunch helps your family.

Qualifying for free school breakfast and lunch helps provide nutritious food for your children at school so they can learn and concentrate better. Qualifying for free meals reduces college entrance Exam and application fees, and saves you time and money at home.

Please join me, and the school community, in strengthening and growing our school meal programs by filling out your free meals application today. Applications can be filled out at any time of the year; many who apply are surprised to learn they qualify.

Sincerely,

Mr. Chris Van Damm

Director of Food Services, Rondout Valley School District

**FOR ASSISTANCE CONTACT:
Rondout Food Service
Department
687-2400 ext 4233 or ext 4215**